

## Fishy Fishy

<b>Prawn Cocktail</b> served with Brown Bread & Butter	GF 7.95
<b>Crispy Salt &amp; Pepper Squid</b> with a Lemon & Sweet Chilli Dip	7.95
<b>Fish Finger Sandwich - 2 Pieces Fresh Breaded Fish</b> served with Iceberg Lettuce and Homemade Tartar Sauce	GF 7.50
<b>Grilled Prawns in Garlic Butter</b> (x6) served with Crusty Bread	9.50
<b>Moules Mariniere &amp; Frites</b> (as available)	10.50
<b>Traditional Cod/Plaice and Chips</b> served with Mushy Peas, Lemon and Tartar Sauce	GF 9.50
<b>Scampi &amp; Chips</b> served in a basket with Tartar Sauce	9.50
<b>Giant Haddock Fillet</b> Light Crispy Batter served with Chunky Chips and Mushy Peas	GF 12.95
<b>Baked Loin of Cod with a Herb Crust</b> served with Mediterranean Vegetables & Rosemary Saute Potatoes	GF 13.50
<b>Pan Fried Sea Bass Fillets</b> served with Fresh Moule Sauce, Wilted Spinach & Saute Potatoes	GF 13.95

## Extras

<b>House Salad</b>	GF 3.50
<b>Chips or Fries</b>	GF 3.50
<b>Cheesy Chips</b>	GF 3.75
<b>Garlic &amp; Rosemary Saute Potatoes</b>	GF 3.60
<b>Mediterranean Roasted Vegetables</b>	GF 3.60
<b>Baguette &amp; Butter</b>	GF 1.50

## Under 12's

<b>Spaghetti Bolognese</b> (Half Portion)	4.50
<b>Mini Cheeseburger</b>	3.95
<b>Mini 6" Margherita Pizza</b>	3.95
<b>Mini Cod Bites</b> served with a Dip - Ketchup or B.B.Q.	4.25
<b>Beans with Buttered Toast Fingers</b>	3.75
<b>3 Sandwich Fingers</b> Ham, Cheese, Peanut Butter or Nutella	3.50
<b>Chicken Breast Nuggets and Fries</b>	4.95
<i>Sides</i>	
<b>Bowl of Fries</b>	1.50
<b>Real Chip Shop Cheesy Chips</b>	2.25
<b>Mini Mixed Salad</b>	1.20

*Please note all of our food is produced fresh in the kitchen that contains various allergens*

GF Available as Gluten Free dishes by request

V Suitable for Vegetarians



FREE  
available for  
our customers



## Wines

All our Wines are sold as single serve individual bottles

### WHITE

1 Sauvignon Blanc	187ml	4.50
2 Pinot Grigio	187ml	4.50

### ROSE

3 White Zinfandel	187ml	4.50
4 Pinot Grigio Rose	187ml	4.50

### RED

5 Merlot	187ml	4.50
6 Shiraz	187ml	4.50

### SPARKLING

7 Prosecco	20cl	5.50
8 Pinot Rose	20cl	5.50

## Champagne

*... for that Special Occasion*

9 Bouche Pere & Fils Reserve Brut Champagne	750ml	32.00
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## Beer & Lager

We have a small selection of bottled beers, lager and cider available at the till

### Draught Lager

Peroni	1/2 Pint	2.75
	Pint	4.95



**Our Full Menu is available from  
8am until 1 hour before closing**

### Opening Times:

**April to September 8am - 5pm**

**October to March 8am - 4pm**

**with later closing on some Quay Event Nights**

Please order at the till  
with your table number

**T: 01202 678800**

**Email: [thequaycafe@hotmail.com](mailto:thequaycafe@hotmail.com)**

**[www.quaycafepoole.co.uk](http://www.quaycafepoole.co.uk)**

## Hot Drinks

English Breakfast Tea (Pot per person)	1.90
Decaf Tea	2.20
Speciality Teas	2.50
Earl Grey, Green Tea, Red Berry, Peppermint or Chamomile	
Americano Straight Black	2.10
with Milk add 40p	
Cappuccino	2.50
Latté	2.50
Flat White	2.50
Mocha	2.80
Espresso	1.80
Double Espresso	2.50
Decaf Coffee	2.70
Hot Chocolate	2.80
Mega Hot Chocolate Whippy Cream Mallow with Chocolate Sprinkles	3.40

## Soft Drinks

Milk	1.00
Milkshakes	2.60
Smoothies	2.60
Coca Cola / Diet Coke / 7 Up / Orange Tango / Ginger Beer	2.10
Lucozade / Appletise	2.60
Frobishers	2.70
Orange Juice, Cranberry Juice, Pineapple Juice, Apple Juice	
Ben Shaws	1.90
Cloudy Lemonade, Dandelion & Burdock, Cream Soda, Shandy	
Sanpellegrinio	2.50
Sparkling Orange, Sparkling Lemon, Blood Orange, Grapefruit	
Hildon Mineral Water 330ml Still or Sparkling	2.10
Fruit Shoots Orange or Blackcurrant	1.20
Fresh Orange Juice	2.90

## Pastries & Cakes

Danish Pastry - Baked Fresh - See our Daily Selection	2.40
Teacake served with Butter	2.10
with Jam add 70p	
Scone Plain, Fruit or Cheese served with Butter	1.90
Jam 70p / Cream 90p	
Strawberry Tart	2.95
Raspberry & White Chocolate Tart	2.95
French Style Lemon Tart	2.75
Vanilla Cream Slice	2.95
Caramel Cream Slice	2.95
Millionaire Choc Caramel	GF 2.60
Tray Bakes	GF 1.95
Chocolate Brownie, Raspberry and Almond Slice	
Traditional Fruit Cake	3.20
Dorset Apple Cake Warm with Cream add 90p	3.20
Lemon Drizzle Cake	3.20
Chocolate Fudge Cake	3.20
Carrot Cake	GF 3.20
Victoria Sandwich	3.20

A larger selection of cakes, biscuits and pastries are available at the counter

## Breakfast Served All Day

Some of our Breakfast Dishes can be takeaway - please enquire at the till.

There can be **no substitutions** on our Breakfast Grills.

<b>Full Grill</b>	GF 7.95
2 Bacon, 2 Sausages, Tomato, Black Pudding, Mushrooms, Beans, Hash Brown, Fried Egg, Toast and Butter	
<b>Half Grill</b>	GF 6.50
1 Bacon, 1 Sausage, Tomato, Black Pudding, Mushrooms, Beans, Hash Brown and Fried Egg	
<b>Veggie Breakfast</b>	V GF 6.75
2 Veggie Croquettes, Tomato, Beans, Mushrooms, Fried Egg and Oat and Lentil Pudding	
<b>Eggs Benedict</b>	6.95
2 Free Range Eggs with Prosciutto Ham, Toasted Brioche, Topped with Hollandaise Sauce	
<b>Eggs on Toast</b> (Poached or Scrambled - 2 eggs)	GF 4.95
<b>Scramble Eggs and Smoked Salmon on Toast</b>	GF 6.50
<b>Smashed Avocado on Granary Toast</b>	GF 6.95
Avocado Chilli and Lime on Granary Toast topped with Sliced Tomato and 2 Poached Eggs	
<b>Beans on Toast</b>	4.95
Bacon or Sausage add £1.50	
<b>Bacon or Sausage Bap</b> 1 egg add £1.00	3.95
<b>Croissant with Cheese and Ham</b>	4.50
<b>Croissant with Butter</b> add Jam 70p	2.30
<b>Toast and Butter</b> White or Brown	GF 1.20
Marmalade or Jam add 70p	
<b>Muesli and Fresh Fruit Platter</b> served with Natural Yoghurt	V 4.95

## Baguettes / Wraps

Choice of Brown or White Baguette or a Wrap with a Salad Garnish

<b>Parma Ham, Rocket and Sun Dried Tomato</b>	All at 6.95
<b>Bacon, Brie &amp; Cranberry</b>	
<b>Coronation Chicken</b> with a Mango Chutney Side	
<b>Tuna &amp; Cucumber</b>	
<b>Warm Pulled Pork with B.B.Q. Sauce</b>	
<b>Smoked Salmon &amp; Roquette with Cream Cheese</b>	
<b>Grilled Goats Cheese</b> V	
with Sauted Mushrooms and Sweet Onion Marmalade	
<b>Traditional B.L.T.</b> Bacon, Lettuce and Tomato with Mayonnaise	

## Sandwiches

Served on Farmhouse White or Granary Brown	GF
Includes Root Vegetable Crisps and a Salad Garnish	
<b>Honey Glazed Ham</b>	5.50
<b>Cheddar Cheese</b> with Pickle on the side	5.50
<b>Crab with Mayo</b>	6.25
<b>Prawn with Marie Rose</b>	6.25
<b>Smoked Salmon with Dill</b>	6.50
<b>Hot Salt Beef Stack on Granary</b> (An open sandwich) served with Pickles & Mustard Dill Sauce	6.95
<b>Traditional Cheddar Ploughmans Lunch</b>	V GF 7.50

## Toasties

Served on Farmhouse White or Granary Brown	GF
<b>Cheese &amp; Ham or Cheese &amp; Onion or Cheese &amp; Tomato Toastie</b>	5.95
served with Salad Garnish and Pickle	
<b>Tuna Mayo Toastie</b> served with a Salad Garnish	5.95
<b>Croque Monsieur</b> served with a Side Salad	6.95
<b>Croque Madame</b> served with a Side Salad and topped with a Fried Egg	6.95

## A Selection of Hot Favourites

<b>Homecooked Boiled Ham, Egg and Chips</b>	GF 8.95
<b>2 Sausage, Egg and Chips</b>	8.95
<b>Steak Pie</b>	9.95
served with Mash, Mushy Peas and Gravy Boat	
<b>Mild Chicken Curry</b>	GF 9.95
served with Sultana Rice, Mango Chutney and Poppadums	
<b>Spaghetti Bolognese</b>	9.95
topped with Parmesan Cheese	
<b>Pasta Penne Arrabiata</b>	9.95
Pasta in a Red Chilli and Tomato Sauce	
<b>Aubergine Tomato &amp; Mozzarella Bake</b>	GF V 9.95
served with Garlic Bread	

Each of our Burgers are served in a Toasted Brioche Bun and are served with Fries. with Avocado add 1.50

<b>1/2lb Angus Beef Burger</b>	GF 11.50
served with Salad, Bacon, Cheese & Spicy Tomato Relish	
<b>Chicken Fillet Burger or Veggie Burger</b>	9.95
served with Tomato, Lettuce, Red Onion and Mayonnaise	
<b>Griddled Halloumi Burger (Greek Style Cheese)</b>	GF V 9.95
served with Salad, Mayonnaise & Spicy Tomato Relish	

## Salads

<b>Chicken &amp; Orange Salad</b>	GF 9.50
served on Dressed Leaves with Toasted Pine Nuts	
<b>Warm Chargrilled Vegetable Salad</b>	GF V 8.95
served with Olives and House Vinaigrette	
<b>Caesar Salad</b>	V 9.50
Mixed Leaves with Crispy Croutons, Caesar Dressing & Parmesan Shavings	
<b>Add Chicken Fillet</b>	11.50
<b>Tuna Nicoise Salad</b>	10.50
Mixed Leaves, Green Beans, Potato, Egg & Olives	
<b>Dorset Dressed Crab Salad</b>	GF 11.50
served with Mayonnaise and Brown Bread with Butter	

## Sharing Platters for two

<b>Bread, Olives, Oil and Balsamic</b>	GF V 6.50
<b>Antipasti Board of Cured Meats, Parmesan Cheese, Olives, Rustic Breads, Oil and Balsamic</b>	GF 12.95
<b>Seafood Platter</b>	13.50
Tempura Prawns, Salt & Pepper Squid, Crab Cakes & Scampi Tails served with Sweet Chilli Dip & Garlic Mayo Dip	

## Homemade Soups

Served with Crusty Bread and Butter	
<b>Butternut Squash</b> V GF	All at 5.25
<b>French Onion</b> with Cheese Crouton V GF	
<b>Heinz Cream of Tomato</b> <i>Everyone's Favourite!</i> V GF	
<b>Leek &amp; Potato</b> V GF	